



# BIOLOGICAL REPRODUCTIVE HAZARDS

Exposure to certain biological agents during pregnancy can cause infertility, miscarriage, birth defects and other adverse effects to the developing fetus. It is important for UW personnel working with biological agents to understand the risks of reproductive hazards and take steps to prevent exposures.

## LEARN HOW TO PROTECT YOURSELF

If you are pregnant or planning to become pregnant, you are highly encouraged to contact your healthcare provider or OB/GYN to discuss your personal health risks when working with hazardous agents. Refer to the [EH&S Reproductive Hazard Guidelines](#) for detailed information and questions to share with your healthcare provider. The UW [Employee Health Center](#) is also available to review reproductive hazards and mitigation strategies; our providers and occupational health specialists can advise on safe practices to prevent exposure. Keep in mind that personal medical information shared with the Employee Health Center is strictly confidential.

## KNOWN BIOLOGICAL REPRODUCTIVE HAZARDS

The following table includes biological agents used in research that are known to cause adverse effects to the developing fetus; however, this list is by no means all-inclusive. If you have questions or concerns about a specific biological agent, please reach out to your healthcare provider or to the Employee Health Center.

BIOLOGICAL AGENT	POTENTIAL ADVERSE EFFECTS
<b><i>Campylobacter</i> species</b>	Infection during pregnancy can lead to intrauterine infection of the fetus resulting in abortion, stillbirth, or early neonatal death.
<b><i>Chlamydia trachomatis</i></b>	Can result in preterm labor, premature rupture of membranes, and low birth weight. Infection can be passed to the newborn during delivery resulting in eye and lung infections.
<b><i>Coxiella burnetii</i> (Q fever)</b>	Can cause spontaneous abortion, intrauterine growth retardation, intrauterine fetal death and premature delivery.
<b>Cytomegalovirus (CMV)</b>	Can cause birth defects, cerebral palsy, epilepsy, vision and hearing problems especially during the first 20 weeks of fetal development.
<b>COVID-19 / SARS-CoV-2 (Severe acute respiratory syndrome virus 2)</b>	Infection with COVID-19 during pregnancy can cause an increased risk of abortion/stillbirth. Pregnant women are at an increased risk for morbidity and mortality if infected during pregnancy.
<b>Human immunodeficiency virus 1 and 2 (HIV-1 and HIV-2)</b>	An active HIV infection during pregnancy can result in an increased risk of maternal transmission to the unborn child.

## KNOWN BIOLOGICAL REPRODUCTIVE HAZARDS (continued)

<b>Lymphocytic choriomeningitis virus (LCMV)</b>	Infections in the first trimester can result in fetal death and pregnancy termination. In the second and third trimesters, LCMV can cause birth defects and permanent problems with vision, mental retardation, and hydrocephaly. Pregnant women may have only a mild illness and may not recall being ill.
<b><i>Listeria monocytogenes</i></b>	Exposure during the first trimester can result in abortion, stillbirth, meningitis, endocarditis, or septicemia. Mothers are more at risk for adverse outcomes during the third trimester. Pregnant women are 10 times more likely to get listeriosis than other healthy adults.
<b>Paramyxovirus (mumps)</b>	During the first trimester, infection can cause spontaneous abortion. Congenitally acquired mumps may lead to respiratory distress in the newborn.
<b>Human parvovirus (Fifth disease)</b>	Although many women are immune, a small number (<5%) can become infected causing the fetus to develop severe anemia that can result in miscarriage.
<b><i>Plasmodium falciparum</i> (Malaria)</b>	Infection during pregnancy can cause anemia, low birth weight and abortions.
<b>Rubella virus (German measles)</b>	Infection during the first 12 weeks causes the most damage to the unborn child. Rubella can cause miscarriage or stillbirth, and developing babies are at risk for developing Congenital Rubella Syndrome (CRS) with severe birth defects, deafness, cataracts, heart defects, intellectual disabilities, and brain damage.
<b>Rubeola virus (Measles)</b>	Exposure during pregnancy can increase the risk of miscarriage and preterm birth, and infected women and newborns are at higher risk of developing complications from infection, such as pneumonia.
<b><i>Toxoplasma gondii</i> (Toxoplasmosis)</b>	If infected just before pregnancy or during pregnancy, the infection can be passed on to the unborn child. Infected newborns may have serious eye or brain damage at birth or may develop serious symptoms later in life, including blindness and mental disabilities.
<b><i>Treponema pallidum</i> (Syphilis)</b>	Syphilis in pregnancy can cause miscarriage, stillbirth, or the baby's death soon after birth. Infected babies may have congenital syphilis which includes bone damage, severe anemia, jaundice, blindness, deafness, and meningitis.
<b><i>Trypanosoma cruzi</i></b>	Serious pregnancy hazards, including congenital transmission (at the time of birth) to the fetus, as well as low birth weight and premature birth.
<b>Zika virus</b>	Zika virus can be passed from the mother to the fetus and cause severe fetal brain defects including microcephaly.

## RESOURCES

- [EH&S Reproductive Hazard Guidelines](#)
- [UW Employee Health Center \(in the Environmental Health & Safety Department\)](#)
- [OSHA: Reproductive Hazards](#)
- [CDC and NIOSH: Reproductive Health and the Workplace](#)
- [EH&S Radiation Exposure During Pregnancy](#)

Contact an EH&S occupational health nurse at 206.685.1026 or [emphlth@uw.edu](mailto:emphlth@uw.edu) for more information.